TheEdenRoot

FOR THE HOST

A Heritage *Party*

Your invitation suite

1. **Choose your invitation.**

The Heirloom, pages 3–4	For best friends and family
The Soirée, pages 5–6	For an elegant evening
The Gathering, pages 7–8	For a relaxed, joyful crowd

2. **Fill it in by hand, in gold ink.** A gold gel or paint pen shows beautifully on the deep green and makes every card personal. Add each guest's name, the date, your address and how they should reply.
3. **Print at actual size, double-sided** on heavy 5 by 7 card, flipping on the long edge. For green to the very edge, ask a print shop to print and trim.
4. **Tuck in an RSVP slip,** with your name and address on the back, so guests can return their profile and any allergies.
5. **Set a place card** at each seat. Print each profile's card as often as you need, write the guest's name in gold ink, fold along the line and stand it up.

Host planner, menus and the Heritage bar: **theedenroot.com/party**
Rather be a guest at your own party? **Heritage Party Concierge,** from $1,500.

WHY HOST ONE

A party that *gives back*

The best gatherings leave everyone a little better than they arrived. A Heritage Party sends each guest home knowing something new about themselves, and remembering who taught them.

Conversation, served

Every guest arrives with a profile to share. The table talks from the first course.

One menu, every guest

The Sunday Table suits every profile, so you cook once and everyone feels seen.

Remembered for years

A beautiful card, a seat with their name, a plate made for them. That is hospitality people talk about.

RAISE A GLASS FOR

A birthday or milestone
Turn another year into a toast to many more, in good health.

A gift of wellbeing
In place of a present, give the people you love a table made for them.

A book or business launch
Give your guests an evening they will talk about, and your name with it.

Clients and colleagues
Thank the people behind your success with something truly personal.

A fresh start
New year, new season, new chapter. Begin it at the same table.

Family and new faces
Welcome in-laws, neighbors and friends of friends with ease.

Friends, simply
Book club, girls' night, the old crew: no occasion needed.

A housewarming
Open a new home with the oldest tradition of all: a shared table.



YOU ARE INVITED TO

A Heritage *Party*

One table. Every heritage.

Dear _____ ,

The older I get, the more I believe the finest gift we can give one another is good health, and the people to share it with.

Since the first garden, every great tradition has gathered around a table of herbs and harvest that nourish the body and gladden the heart. So I'm setting one for those I love most, with a plate made just for you.

Come feast in health with me.
Let's age well together.

When _____

Where _____

_____

Kindly reply by _____ **to** _____
and tell me your profile. You'll find it on the back.

With love, _____

THE HEIRLOOM · HOSTED IN THE HERITAGE WAY · A METHOD BY THE EDEN ROOT

A HERITAGE PARTY · THE HERITAGE WAY

Which profile *are you?*

In the first garden, every herb was given for food. Your blood type points to the table that suits you best: whole foods, herbs and harvest, chosen for who you are. Many people find it is the first way of eating that truly feels like their own.

BLOOD TYPE
O

Voyager

Driven and energetic. Restored by movement.

The world's most common type, and the most common across Africa and the Americas.

BLOOD TYPE
A

Sower

Patient and careful. Restored by calm.

Second most common worldwide, and the most common across much of Europe.

BLOOD TYPE
B

Shepherd

Easygoing and creative. Restored by variety.

Most common across parts of Asia, and rarer elsewhere: a distinctive circle.

BLOOD TYPE
AB

Sage

Calm and wise. Restored by quiet.

The rarest of the four types, carried by only a few in every hundred.

BLOOD TYPE
AB

Steward

Warm and steady. Restored by good company.

AB-positive can receive red cells from every type. Fitting for a natural host.

Blood type AB? Choose the profile that feels most like you.

Don't know your blood type? Take the free profile assessment in two minutes, ask your physician's office or book a Heritage Assessment, which includes a keepsake blood typing card. Blood donors learn theirs as a thank-you, too. *Your profile stays at our table.*

Free profile assessment
theedenroot.com/profile

Free cookbook
The Private Table

Heritage Assessment
theedenroot.com/book

theedenroot.com · (470) 835-3466 · **#HeritageParty**

The Eden Root

YOU ARE INVITED TO

A Heritage *Party*

One table. Every heritage.

---

requests the pleasure of the company of

---

at a Heritage Party.

Since the first garden, every great tradition has gathered at a table of herbs and harvest. An unhurried evening of fine food, chosen for each guest and shared with the people who matter most.

To good health, and to many more years
at the same table.

When _____

Where _____

_____

Kindly reply by _____ **to** _____

with your profile. You'll find it on the back.

Your host, _____

THE SOIRÉE · HOSTED IN THE HERITAGE WAY · A METHOD BY THE EDEN ROOT

A HERITAGE PARTY · THE HERITAGE WAY

Which profile *are you?*

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The world's most common type, and the most common across Africa and the Americas.

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A Heritage *Party*

One table. Every heritage.

Hey _____ ,

Dinner is on me,
and it's made for you.

In the first garden, every herb and harvest was given for the table. I'm bringing that table back: one evening, every heritage, and a plate for each of us built on our blood type.

We're not getting any younger, so let's feel our best together, one good meal at a time.

When _____

Where _____

_____

Text me by _____ **at** _____
with your profile. You'll find it on the back.

See you there, _____

THE GATHERING · HOSTED IN THE HERITAGE WAY · A METHOD BY THE EDEN ROOT

A HERITAGE PARTY · THE HERITAGE WAY

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A HERITAGE PARTY · RSVP

Name _____

☐ Joyfully accepts ☐ Regretfully declines

My profile

☐ Voyager ☐ Sower ☐ Shepherd ☐ Sage ☐ Steward

☐ Not sure yet

Allergies or foods I avoid _____

Please return to your host by _____

✂

A HERITAGE PARTY · RSVP

Name _____

☐ Joyfully accepts ☐ Regretfully declines

My profile

☐ Voyager ☐ Sower ☐ Shepherd ☐ Sage ☐ Steward

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Heritage Assessment

Free cookbook

Keep me.

The table continues at home.

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A HERITAGE PARTY · THE EDEN ROOT

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Free cookbook

Free profile assessment

FOLD

✦

Not sure yet

Your table, waiting to be discovered.

A HERITAGE PARTY · THE EDEN ROOT